

# BRIDGE HYGIENE

The word *HYGIENE* has French/Greek origins:

*a practice conducive to the preservation of health, as cleanliness*

## BEFORE THE AUCTION

- Count your cards to ensure that you have thirteen
- Count the **shape** of your hand to verify you still see thirteen cards

## DURING THE AUCTION

- Don't caress the bidding box
- Pay attention to what you're hearing, even if you have no high card points
- Don't ask questions about alerts if it won't affect your bidding (You can always get clarification/review before the opening lead is faced)

## AFTER THE AUCTION

- Do your job **before** you write down the contract
- If you are making the opening lead, make it **face down**
- Make a **plan**, whether you're declaring or defending

## AFTER THE HAND IS PLAYED

- Do **NOT** scoop up your cards until you and the opponents agree upon the result of the hand